

CERTIFICATE

OF PARTICIPATION

This is to certify that

Erika van Heerden

Has successfully participated & completed the

10km Konka Farm Run

held at Konka.

TIME 01:20:50

PACE 08:04/km

OVERALL 216 of 316

31 August 2019, Sat

Date

GENDER 107 of

174

40 - 49 29 of 45